



For millions with diabetes, this feeling is all too real.

Diabetic neuropathy is a serious complication of diabetes that affects millions of people every day. In fact, one in two people with diabetes has it.

Nerves damaged by diabetic neuropathy can cause stinging or burning sensations, tingling, pain, numbness or weakness in your feet and hands. You can be very sensitive to touch. And everyday activities can cause extreme pain.

What's worse, diabetic neuropathy puts you at risk for foot injury, infection, even amputation.

It's not too late to prevent or delay the onset of diabetic neuropathy. Act now. Call the American Diabetes Association at 1-800-DIABETES or visit www.diabetes.org/neuropathy for more information. Or talk to your doctor about your symptoms.

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www.diabetes.org/neuropathy

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