

Employee Announcement Template

[COMPANY] is please to announce that we have joined the American Diabetes Association (ADA) to provide the **Winning at Work: Detecting, Preventing and Managing Diabetes for a Healthy Workplace** program to support you, our employees, in your efforts to stay healthy while learning more about diabetes. We will be offering activities that will help you learn if you are at risk for diabetes, how to reduce your risk and how to prevent or delay diabetes. For those who have diabetes, we will also be providing programs and resources with the latest information on managing diabetes and staying healthy.

Did you know?

- More than six million Americans have diabetes and don't even know it.
- Your risk for diabetes goes up when you get older, gain too much weight and are not active.
- Diabetes is more common in African Americans, Latinos, American Indians, Asian Americans and Pacific Islanders.
- You can prevent or delay type 2 diabetes with regular physical activity and weight loss.

What you can do:

- ❑ Look for the posters and table tents in [ADD LOCATIONS]. Take an informational card and learn more about detecting, preventing and managing diabetes. Contact the ADA at 800-diabetes or visit diabetes.org for more information.
- ❑ Take the diabetes risk test to see if you are at risk for diabetes. Find the risk test at [ADD LOCATION].
- ❑ If you are at high risk or have pre-diabetes, register for the *Preventing Diabetes* lunch and learn programs on [ADD DATES/TIME/LOCATION] at [ADD REGISTRATION CONTACT INFORMATION].
- ❑ If you have diabetes, register for the *Managing Diabetes* lunch and learn programs on [ADD DATES/TIME/LOCATION] at [ADD REGISTRATION CONTACT INFORMATION].

We hope that you are as excited about this initiative as we are! Look for announcements about activities and resources information in the coming weeks. Contact [NAME AND CONTACT INFORMATION] for additional information.