

Getting the Very Best Care for Your Diabetes

Objectives:	<p>Participants will be able to:</p> <ul style="list-style-type: none"> ▪ Describe the “Standards of Care” recommended diabetes-related tests and recommended test frequency ▪ Identity method they will use to tracking personal results and targets
Time Required:	20 minutes
A-V:	PowerPoint, laptop and projector
Handouts:	<ul style="list-style-type: none"> ▪ Choose to Live – Your Survival Guide* ▪ Visit Planning Tool
Talking Points:	<ul style="list-style-type: none"> ▪ The “Standards of Care” specify the tests and frequency of tests that are important for anybody with diabetes ▪ By having these tests at the specified times any changes can be detected early and treatment or increased monitoring can be started ▪ Early detection can prevent or delay many complications ▪ Keep track of your tests and the results ▪ Take your records with you to every health provider visit and review with your provider ▪ Be sure to ask your provider if you have any questions ▪ For more information: <ul style="list-style-type: none"> ○ Call 1-800-diabetes ○ Visit diabetes.org
Activity:	<p>Participants:</p> <ul style="list-style-type: none"> ▪ Identify the tests that should be conducted and frequency of testing at their health provider visits ▪ Record their results in the Visit Planning Tool

* Used in all “Managing Diabetes” presentations