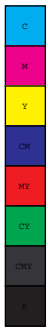
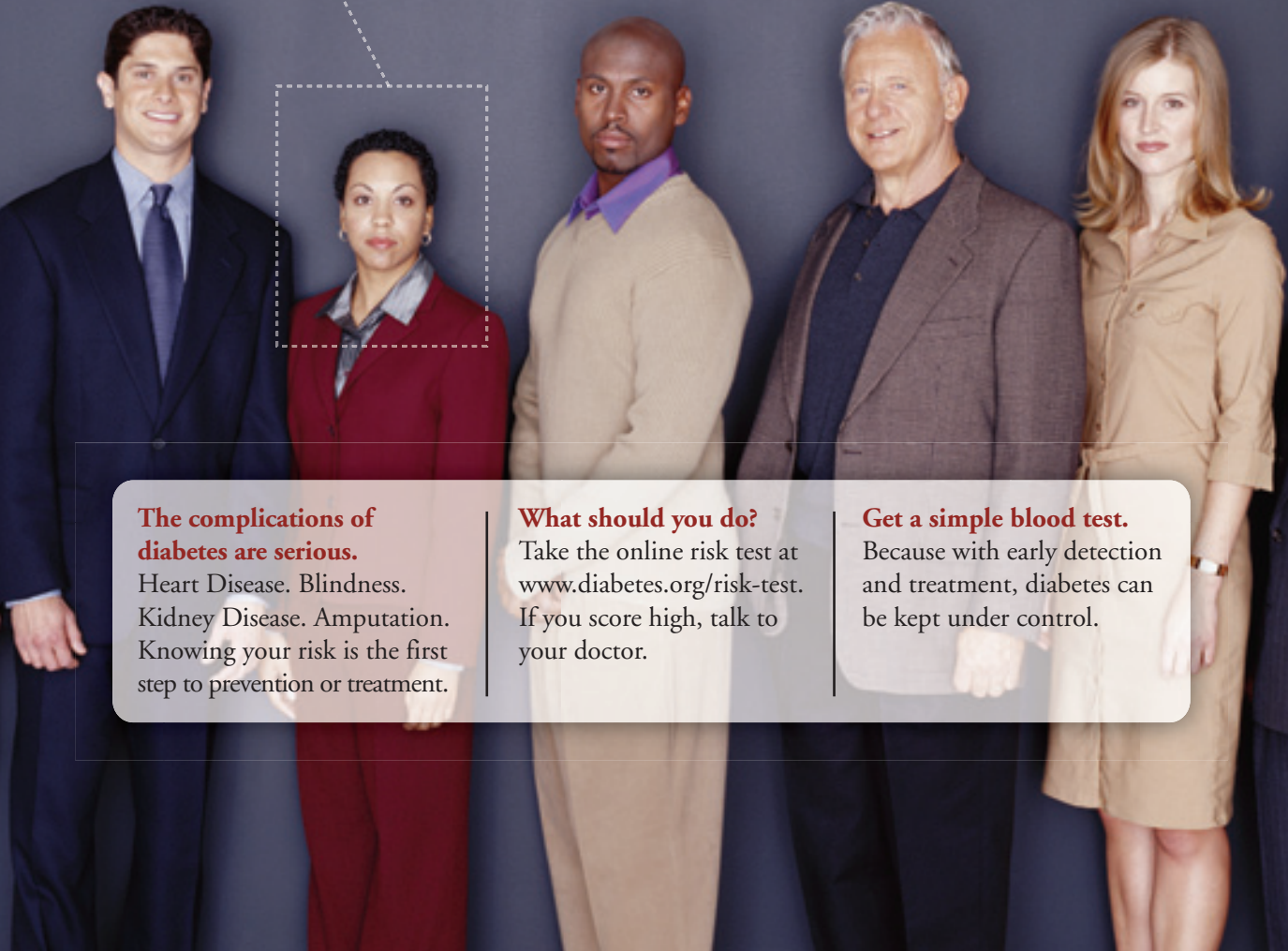




You could be living with **diabetes** and *not even know it.*

If you're over 45, don't exercise, are overweight and have a family history of diabetes, you're at risk!

has diabetes only she doesn't know it yet



The complications of diabetes are serious.

Heart Disease. Blindness.
Kidney Disease. Amputation.
Knowing your risk is the first step to prevention or treatment.

What should you do?

Take the online risk test at www.diabetes.org/risk-test.
If you score high, talk to your doctor.

Get a simple blood test.

Because with early detection and treatment, diabetes can be kept under control.

1-800-DIABETES (342-2383)
diabetes.org

