

News Release

For Immediate Release

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Karmeen Kulkarni, MS, RD, BC-ADM, CDE, Receives American Diabetes Association's Distinguished Service Award

— ADA President, Health Care & Education, Presented with Levine Medal for Service —

Alexandria, VA (June 12, 2006) – The American Diabetes Association (ADA), the nation's largest and leading voluntary health organization in the fight against diabetes, announced that the Association's President, Health Care & Education, Karmeen Kulkarni, MS, RD, BC-ADM, CDE, today received the organization's prestigious Rachmiel Levine Medal for Service during the organization's 66th Scientific Sessions and National Leadership Conference, with runs through June 13.

The Rachmiel Levine Medal for Service is awarded to the ADA's President, Health Care & Education, upon leaving office. Named for Dr. Rachmiel Levine, the diabetes researcher who discovered how insulin works, this award recognizes meritorious service on behalf of the Association and Americans with diabetes.

Ms. Kulkarni is the coordinator of the Diabetes Center at St. Mark's Hospital in Salt Lake City, Utah, an ADA recognized program, and serves as a member of the American Nursing Credentialing Center's Content Expert Panel on Advanced Practice, for diabetes management.

With more than 20 years of experience in the areas of nutrition and diabetes, Ms. Kulkarni is recognized nationally and internationally for her clinical expertise. She has published numerous articles, studies, and nutritional guides for both professional and lay audiences including *The ADA Complete Guide to Carb Counting*. She has held numerous leadership positions on local, state, and national levels within the ADA, including the National Board of Directors and the Clinical Education Program on Nutrition. Among her many distinguished honors is the ADA's Diabetes Educator of the Year Award.

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National Office

1701 North Beauregard Street
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Diabetes Information

call 1-800-DIABETES (1-800-342-2383)
online www.diabetes.org
The Association gratefully accepts gifts through your will.

The Mission of the American

Diabetes Association is to prevent and cure diabetes and to improve the lives of all people affected by diabetes.

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Ms. Kulkarni is also involved with the American Association of Diabetes Educators (AADE), having served as vice-president and as a faculty member of the professional education programs. She has chaired the Diabetes Care & Education (DCE), a practice group of the American Dietetic Association. Her other honors include the American Dietetic Association's Award for Excellence in the Practice of Clinical Nutrition, AADE's Distinguished Service Award, DCE's Distinguished Service Award, Utah Diabetes Educator of the Year, and Eastern Michigan University Distinguished Alumna of the Year.

In addition to holding a Master of Science degree in food and nutrition from Eastern Michigan University, Ms. Kulkarni is a certified diabetes educator and registered dietitian and is board certified in advanced management.

More than 15,000 top scientists, physicians and other health care professionals from around the world shared cutting-edge research, treatment recommendations and advances toward a cure for diabetes at the Association's 66th Scientific Sessions in Washington, DC.

Diabetes is a serious disease that affects the body's ability to produce or respond properly to insulin, a hormone that allows blood sugar to enter the cells of the body and be used for energy. Nearly 21 million children and adults in the U.S. have diabetes. And, an additional 41 million have pre-diabetes. Diabetes is the fifth leading cause of death by disease in the United States and it has no cure.

The American Diabetes Association is the nation's premier voluntary health organization supporting diabetes research, information and advocacy. The Association's mission is to prevent and cure diabetes and to improve the lives of all people affected by diabetes. Founded in 1940, the Association provides services to hundreds of communities across the country. For more information please call the American Diabetes Association at 1-800-DIABETES (1-800-342-2383) or visit www.diabetes.org. Information from both these sources is available in English and Spanish.

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