

**PROGRAM SCHEDULE**  
**Friday, February 23, 2007**

- 8:00 a.m. – 6:00 p.m. Assistance Area: Registration, Housing and Information
- 1:00 p.m. – 5:30 p.m. **General Session I: Diabetes**
- 1:00 p.m. – 1:50 p.m. *IFG/IGT: How Should We Treat These States of Hyperglycemia?*  
Ronald E. Goldberg, MD, University of Miami, Miami, Florida
- 1:50 p.m. – 2:40 p.m. *Approaches to Treating Obesity*  
Robert T. Ferraro, MD, Southwest Endocrinology Associates, Albuquerque, New Mexico
- 2:40 p.m. – 3:00 p.m. Coffee Break
- 3:00 p.m. – 3:50 p.m. *Should We Measure Waist Circumference vs. BMI vs. Waist-Hip Ratio*  
Michael D. Jensen, MD, Mayo Clinic, Rochester, Minnesota
- 3:50 p.m. – 4:40 p.m. *Long-term Management after Bariatric Surgery*  
Madelyn H. Fernstrom, PhD, University of Pittsburgh, Pittsburgh, Pennsylvania
- 4:40 p.m. – 5:30 p.m. *Update on Polycystic Ovary Syndrome*  
John E. Nestler, MD, Virginia Commonwealth University, Richmond, Virginia

**Saturday, February 24, 2007**

- 7:00 a.m. – 5:00 p.m. Assistance Area: Registration, Housing and Information  
7:00 a.m. – 8:00 a.m. Continental Breakfast
- CONCURRENT GENERAL SESSIONS**  
**General Session IIA: Education/Self-Management**
- 8:00 a.m. – 12:30 p.m. **General Session IIA: Education/Self-Management**
- 8:00 a.m. – 8:50 a.m. *Best Practices in Diabetes Education Recognized Programs*  
Gayle M. Lorenzi, RN, CDE, University of California-San Diego, La Jolla, California
- 8:50 a.m. – 9:40 a.m. *Changing Patient Behaviors: Proven Strategies*  
Edwin Fisher, PhD, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina
- 9:40 a.m. – 10:00 a.m. Coffee Break
- 10:00 a.m. – 10:50 a.m. *Creating the Virtual Team*  
Roger Mazze, PhD, International Diabetes Center, Minneapolis, Minnesota
- 10:50 a.m. – 11:40 a.m. *Diabetes Self-Management Training Outcomes Study Results*  
Linda Siminerio, CDE, RN, PhD, University of Pittsburgh, Pittsburgh, Pennsylvania
- 11:40 a.m. – 12:30 p.m. *Glycemic Index, Glycemic Load, Carb Counting: Where do they Fit?*  
Melinda D. Maryniuk, MEd, RD, CDE and Gillian Grant, RD, CDE, Joslin Diabetes Center, Boston, Massachusetts
- 8:00 a.m. – 12:30 p.m. **General Session IIB: Hot Topics**
- 8:00 a.m. – 8:50 a.m. *Inflammation: Measurement and Treatment*  
Vivian Fonseca, MD, Tulane University Medical Center, New Orleans, Louisiana

- 8:50 a.m. – 9:40 a.m. *Update on Type 1 Prevention Trials*  
Carla Greenbaum, MD, Benaroya Research Institute, Seattle, Washington
- 9:40 a.m. – 10:00 a.m. Coffee Break
- 10:00 a.m. – 10:50 a.m. *Multiple Types of Diabetes: Type 1, 2, 1.5, 3 (1+2)*  
Edwin Gale, MD, University of Bristol, Bristol, United Kingdom
- 10:50 a.m. – 11:40 a.m. *Screening for Cardiovascular Disease*  
Arthur Agatston, MD, Agatston Research Foundation, Miami Beach, Florida
- 11:40 a.m. – 12:30 p.m. *The Changing “A1c” Test*  
David B. Sacks, MD, Harvard Medical School, Boston, Massachusetts
- 12:30 p.m. – 2:00 p.m. Lunch – on own
- 2:00 p.m. – 3:30 p.m. **Workshops**  
*WK1: Managing the “Brittle” Patient*  
Irl B. Hirsch, MD, University of Washington Medical Center, Seattle, Washington
- WK2: Does Stress Impact Glucose Levels: Talking Patients Through It*  
Richard S. Surwit, PhD, Duke University Medical Center, Durham, North Carolina
- WK3: Diabetes Management in the Hospital*  
David Baldwin, MD, Rush University Medical Center, Chicago, Illinois
- WK4: Glucose Sensing/Monitoring: A Potential Tool for Changing Patient Behavior*  
Satish Garg, MD, Barbara Davis Center for Childhood Diabetes, Aurora, Colorado
- WK5: Useful Tools on the Web: For Patients and Professionals*  
Lona Sandon, MEd, RD, LD, UT Southwestern Medical Center, Dallas, Texas
- 3:30 p.m. – 3:45 p.m. Coffee Break
- 3:45 p.m. – 5:15 p.m. **Workshops**  
*WK6: Managing the “Brittle” Patient*  
Irl B. Hirsch, MD, University of Washington, Seattle, Washington
- WK7: Does Stress Impact Glucose Levels: Talking Patients Through It*  
Richard S. Surwit, PhD, Duke University Medical Center, Durham, North Carolina
- WK8: Diabetes Management in the Hospital*  
David Baldwin, MD, Rush University Medical Center, Chicago, Illinois
- WK9: Glucose Sensing/Monitoring: A Potential Tool for Changing Patient Behavior*  
Satish Garg, MD, Barbara Davis Center for Childhood Diabetes, Aurora, Colorado
- WK10: Improving Practice Efficiency*  
Reinhard W. Beel, CEC, CDT, Cumberland Valley Endocrinology Center, Carlisle, Pennsylvania

**Sunday, February 25, 2007**

- 7:00 a.m. – 1:00 p.m. Assistance Area: Continuing Education Desk
- 7:00 a.m. – 8:00 a.m. Continental Breakfast
- 8:00 a.m. – 12:30 p.m. **General Session III: Medications**
- 8:00 a.m. – 8:50 a.m. *Are all Basal Insulin Analogues the Same?*  
Matthew C. Riddle, MD, Oregon Health Science University, Portland, Oregon
- 8:50 a.m. – 9:40 a.m. *The Practical Use of Incretin Mimetics and Enhancers*  
Robert E. Ratner, MD, Medstar Research Institute, Hyattsville, Maryland
- 9:40 a.m. – 10:00 a.m. Coffee Break
- 10:00 a.m. – 10:50 a.m. *The Realities of Inhaled Insulin*  
Jay S. Skyler, MD, University of Miami, Miami, Florida
- 10:50 a.m. – 11:40 a.m. *Adverse Effects of Diabetes Therapies*  
Sidney Wolfe, MD, Public Citizen's Health Research Group, Washington, D.C.
- 11:40 a.m. – 12:30 p.m. *Sexual Dysfunction in Diabetes*  
Lois Jovanovic, MD, Sansum Diabetes Research Institute, Santa Barbara, California