

News Release

For Immediate Release

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Richard R. Rubin, PhD, CDE, of Monkton, MD, Elected American Diabetes Association President, Health Care & Education

ALEXANDRIA, VA (August 7, 2006) – The American Diabetes Association (ADA), the leading non-profit health organization dedicated to preventing and curing diabetes and to improving the lives of the more than 20 million children and adults currently living with the disease, announced yesterday that Richard R. Rubin, PhD, CDE, of Monkton, MD, has been elected President, Health Care & Education.

Dr. Rubin is an active member of the ADA and has held a number of leadership positions, including serving on the National Board of Directors. He is also active with the American Association of Diabetes Educators (AADE), having served on its Executive Committee and Board of Directors after chairing the National Certification Board for Diabetes Educators.

Dr. Rubin is an Associate Professor in Medicine and in Pediatrics at The Johns Hopkins University. Dr. Rubin has been involved in long-term studies of psychosocial and life-style issues in the management of diabetes, including the NIH-funded Diabetes Prevention Program (DPP) and Look AHEAD trials.

Dr. Rubin has authored more than 100 peer-reviewed articles, reviews, book chapters and books including *Psyching Out Diabetes*, *Sweet Kids*, *Practical Psychology for Diabetes Clinicians*, *the John Hopkins Guide to Diabetes*, and *100 Tips for Coping with Diabetes*.

Dr. Rubin received his undergraduate degree in History and his Ph.D. in Social Psychology from The Johns Hopkins University.

– *More* –

National Office

1701 North Beauregard Street
Alexandria, VA 22311
Tel: 703-549-1500

Diabetes Information

call 1-800-DIABETES (1-800-342-2383)
online www.diabetes.org
The Association gratefully accepts gifts through your will.

The Mission of the American

Diabetes Association is to prevent and cure diabetes and to improve the lives of all people affected by diabetes.

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Diabetes is a serious disease that affects the body's ability to produce or respond properly to insulin, a hormone that allows blood sugar to enter the cells of the body and be used for energy. Nearly 21 million children and adults in the U.S. have diabetes. It is the fifth deadliest disease in the U.S. and there is no cure.

The American Diabetes Association is the nation's premier voluntary health organization supporting diabetes research, information and advocacy. Founded in 1940, the Association has offices in every region of the country, providing services to hundreds of communities. The Association's commitment to research is reflected through its scientific meetings; education and provider recognition programs; and its Research Foundation and Nationwide Research Program, which fund breakthrough studies looking into the cure, prevention, and treatment of diabetes and its complications. For more information, please visit diabetes.org or call 1-800-DIABETES (1-800-342-2383).

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