

The Legal Right to Medical Care in Correctional Facilities: Self-Assessment

These questions may help you determine whether you are receiving adequate care. They can help you focus on what your most serious problems are. For example, are you experiencing seizures because of hypoglycemia? Are you losing vision? Is your blood glucose consistently high?

- A. Hypoglycemia (low blood glucose):
1. What have been your lowest blood glucose readings (any reading below 70 mg/dl may be cause for concern)?
 2. Did you ever lose consciousness, experience a seizure or become unaware of your surroundings?
 3. When were the dates, if you have this information available?
 4. Are you receiving the right amount of insulin?
 5. Is it properly timed with your food?
 6. How were you treated when you experienced hypoglycemia or insulin was not given correctly?
- B. Hyperglycemia (high blood glucose):
1. What have been some of your highest blood glucose readings (any reading above 240 mg/dl may be cause for concern)?
 2. What is your most recent A1C reading (any reading above 7% may be cause for concern)?
 3. What were your symptoms?
 4. When were the dates, if you have this information available?
 5. How were you treated?
- C. Other diabetes-related complications:
1. Vision loss (Diabetic Retinopathy)?
 2. Nerve Damage (Diabetic Neuropathy)?
 3. Wounds that will not heal?
 4. Kidney problems?
 5. Other?
 6. Have these begun or worsened since being at this facility?
- D. Who knows about your condition?
1. Which prison officials?
 2. Which prison medical staff?
 3. Grievance?
 4. Other?
 5. What responses have you received?

Further Notes: