DIABETES DISCRIMINATION INITIAL SCREENING CHECKLIST

Adult Patients
For Use by Health Care Professionals

People with diabetes may be treated unfairly (diabetes discrimination) at work. This treatment affects diabetes management, resulting in: unexplained high A1C levels, increased stress or loss of health insurance. Underlying causes include lack of understanding about diabetes, irrational fears, and prejudice against people with chronic conditions.

*Please use this brief checklist to help identify patients who may be affected in their daily lives.*

The questions will take 15-20 seconds to ask the patient.

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<th>Patient Has Experienced Any of the Following at Work:</th>
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**Suggested Responses to Discrimination Symptoms**

- Write appropriate physician’s notes, documenting medical needs related to diabetes.
- Write detailed letters requesting workplace modifications to help manage diabetes at work.
- Refer patient to 1-800-DIABETES (342-2383) helpline for professional guidance and support.
- Join the Health Care Professional Legal Advocacy Network at diabetes.org/PatientRights.

**Occupations at High-Risk for Diabetes Discrimination**

- Truck drivers
- Firefighters
- Police Officers
- Shift Workers
- Factory or Retail Workers

May experience improper medical evaluations and irrational use of high A1C levels. Employment may be in danger if patient is prescribed insulin or experiences hypoglycemia.

For a more complete diabetes discrimination diagnosis, please refer patients to 1-800-DIABETES (342-2383). The Association’s Legal Advocates (attorneys experienced with diabetes discrimination) can provide information about the law, the rights of people with diabetes and how to effectively deal with diabetes discrimination.