Children with diabetes may not have access to appropriate diabetes management at school and are sometimes treated unfairly (discrimination). This means that children may be placed in school settings that increase their risk for short- and long-term medical complications and make it difficult for them to learn. Children with diabetes may be excluded from field trips, extracurricular activities or other school-sponsored activities, just because they have diabetes. This unfair treatment may adversely affect your patients’ blood glucose control, increase risk for serious complications and adversely impact the ability to learn and participate. If one of your patients has experienced discrimination, help is available from the American Diabetes Association by calling 1-800-DIABETES.

Please use this checklist to identify pediatric patients who may be encountering diabetes-related barriers at school and encourage them to contact us for help by calling 1-800-DIABETES.

### Has Your Patient Experienced Any of the Following at School?

- **Yes**  
  - No one to administer insulin at school.
- **Yes**  
  - No one to administer glucagon at school.
- **Yes**  
  - No one to perform blood glucose checks at school.
- **Yes**  
  - No one at school who can recognize and treat low blood glucose levels.
- **Yes**  
  - Child is not allowed to attend field trips without parent/guardian.
- **Yes**  
  - Child not allowed to participate in extracurricular activities without parent/guardian.
- **Yes**  
  - Self-managing child is not allowed to check his/her blood glucose level and treat hypoglycemia as designated in the Diabetes Medical Management Plan.
- **Yes**  
  - Self-managing child is not allowed to administer insulin as designated in the DMMP.
- **Yes**  
  - The school has dismissed requests to create 504 plan or IEP for the child.

### If You Checked “Yes” to Any of the Above Your Patient’s Health May be at Risk and We Recommend Taking the Following Steps:

- Document identified issues, including medical needs related to diabetes.
- With parent/guardian permission, contact the school to discuss appropriate care and provide suggested resources and services to meet your patient’s needs.
- Encourage parent/guardian to call 1-800-DIABETES for expert help and guidance from the Association.
- Join the Health Care Professional Legal Advocacy Network at diabetes.org/PatientRights.

For a more complete diabetes discrimination diagnosis, please refer parents/guardians to the American Diabetes Association at 1-800-DIABETES (342-2383). The Association’s Legal Advocacy team can offer guidance and resources to help.